



# FOR COUPLES

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Rituals dedicated to couples in the exclusive Private SPA inspired by Greek mythology, to rediscover yourself in a sensual trip for two in the Lefay SPA World.

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## PRIVATE SPA

Inspired by Greek mythology, the two splendid Lefay Private SPAs offer settings and wellness packages for couples to share, while savouring the enjoyment of treatments in total relaxation. Inside our Private SPA personalized couple treatments may also be carried out (please contact our SPA Reception for further information).

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### OID, PHILEMON AND BAUCIS

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This evokes the myth of Philemon and Baucis, who welcomed the gods to their humble home, receiving as a reward a temple and the promise that they would remain together forever as two splendid trees. The rituals recall the joy, the simplicity and warmth of a welcome and deliver a sense of immense serenity.

#### LEFAY WELCOME RITUAL:

#### THE GROTTO OF THE GODS

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Jets of steam enriched with essences of plants and mountain flowers flow from this grotto, which is made entirely of stone. As well as purifying the body, the treatment exerts a beneficial action on the respiratory system and tones the tissues.

#### SOOTHING TREATMENT AND BODY WRAP WITH GRAPE MUST

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An exfoliating and restructuring preparation treatment, containing polyphenols and vitamin C, which regenerate the body, and the sweet aromatic notes of fox grape musk, which relax the mind. The skin becomes soft and velvety.

#### MASSAGE WITH AROMATIC GRAPE MUST OIL

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A nurturing massage carried out with aromatic grape must oil and hot pads; it relaxes the body and eases the mind.

#### A MOMENT OF RELAXATION WITH OVID'S REFRESHMENTS

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To make this couples' ritual even more pleasurable, the relaxation stage is accompanied by a non-alcoholic cocktail flavoured with grape must and homemade biscuits.

**€ 530,00** per couple

(Overall duration of the programme 2 h. 30 min.)

The Private SPA Programme Ovid, Philemon and Baucis is also offered in a short version (Grotto of the Gods, Massage with grape must oil and a moment of relaxation with Ovid's refreshments).

**€ 380,00** per couple

(Overall duration of the programme 1 h. 30 min.)

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## DAPHNE, APOLLO AND EROS

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This programme is inspired by the legend of the very beautiful Daphne, with whom Apollo, god of the sun, fell hopelessly in love after seeing her in the clear waters of a lake surrounded by white scented flowers.

### LEFAY WELCOME RITUAL:

#### DIVINE SPLENDOUR FOR HIM AND FOR HER

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Face treatment: a delicate scrub is combined with a toning and relaxing massage to restore radiance to the skin; the final face mask delivers incredible softness, improving hydration and leaving the skin as velvety as a rose petal.

#### THE LAKE OF THE NYMPHS

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Immersed in a romantic and sensual setting, this pool is surrounded by soft candlelight and filled with perfumed rose petals that gently brush the skin. The water, which is enriched with valuable essential oils with beneficial properties, eliminates stress and tiredness.

#### DAPHNE'S MASSAGE

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Dedicated to the gentleness of Daphne, this massage is carried out using perfumed oils, thus evoking bucolic scenes and flower-filled pastures. The gentle manual techniques, like waves rippling across the water, bring the body and mind to a state of absolute relaxation.

#### A MOMENT OF RELAXATION WITH DAPHNE, APOLLO AND EROS REFRESHMENTS

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This romantic and relaxing programme is completed by a delicious non-alcoholic cocktail, the Ambrosia of Lefay Cupid and delicious nibbles prepared by our chef.

**€ 530,00** per couple  
(Overall duration of the programme 2 h. 30 min.)

The Private SPA Programme Daphne, Apollo and Eros is also offered in a short version (The Lake of the Nymphs, Daphne's Massage and A moment of relaxation with Daphne, Apollo and Eros refreshments).

**€ 380,00** per couple  
(Overall duration of the programme 1 h. 30 min.)

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## RITUALS FOR COUPLES

### CANDLE MASSAGE IN SPA SUITE

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A sensual couple's ritual that indulges all the senses: the light emanating from the candle creates the atmosphere and acts as chromotherapy, while its perfume (aromatherapy) induces a feeling of relaxation. An unforgettable experience to share with a partner.

**€ 190,00** per couple (duration 45 min.)

### HAWAIIAN RITUAL

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A sensorial and olfactory journey that will make you discover the characteristic perfumes of Hawaii. A body scrub with finely chopped coconut and vanilla oil prepares the skin for a sensual massage along the body's meridians using hot shells from the islands. To make this treatment even more pleasant, the final moment of relaxation is accompanied by an exotic fruit cocktail.

**€ 400,00** per couple  
(duration 1 h. 50 min.)

The ritual takes place inside the Lefay Private SPA Ovid, Philemon and Baucis

## HAMMAM RITUAL

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This face and body purification ritual is an ancient Middle Eastern tradition. It begins with a steam bath (calidarium) to prepare the skin for exfoliation using black soap and the Kassa glove. This is followed by a Rhassoul mud body pack and finally a relaxing massage with pure shea butter. Each stage of the body ritual will be accompanied by a face treatment that uses natural products based on black soap, argan oil, donkey's milk and rose essential oil for a final result of maximum relaxation and glowing skin.

**€ 530,00** per couple long version  
(duration 2 h. 30 min. - face and body)

**€ 420,00** per couple short version  
(duration 2 h. - body only)

The ritual takes place inside the Lefay Private SPA Ovid, Philemon and Baucis.

## POLYNESIAN RITUAL

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A journey among the perfumes of Polynesia. The first stop is Taha'a, the Vanilla Island, with a scrub containing coconut shell fibre, white sand, vanilla and sea salt. It then moves on to Bora Bora, where the body relaxes to the rhythm of the Tuiponos with a relaxing massage. The journey continues to Raiatea, the sacred island, where the body is enhanced with Olio Sacro Polinesia, and ends in Manihi, where the body is purified and moisturised in the Bagno delle Lagune.

**€ 530,00** per couple  
(duration 2 h. 15 min.)

The ritual takes place inside the Lefay Private SPA Daphne, Apollo and Eros