



FOR COUPLES

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Lefay SPA Rituals dedicated to couples in the exclusive Private SPA inspired by Greek mythology, to rediscover yourself in a sensual trip for two in the Lefay SPA World.

01.

PRIVATE SPA

Inspired by Greek mythology, the two splendid Lefay Private SPAs offer settings and wellness packages for couples to share, while savouring the enjoyment of treatments in total relaxation. Inside our Private SPA personalized couple treatments may also be carried out (please contact our SPA Reception for further information).

OID, PHILEMON AND BAUCIS

This evokes the myth of Philemon and Baucis, who welcomed the gods to their humble home, receiving as a reward a temple and the promise that they would remain together forever as two splendid trees. The rituals recall the joy, the simplicity and warmth of a welcome and deliver a sense of immense serenity.

LEFAY WELCOME RITUAL:

THE GROTTO OF THE GODS

Jets of steam enriched with Mediterranean essences flow from this grotto, which is made entirely of stone. As well as purifying the body, the treatment exerts a beneficial action on the respiratory system and tones the tissues.

SMOOTHING SALT AND CAPERS TREATMENT WITH OLIVE OIL

Exfoliating and restructuring preparatory treatment, performed with natural local products, such as capers with antioxidant properties, Lefay Extra Virgin Olive Oil, salt and the gentle aromatic notes of Lavender which relax the mind. As a result, the skin is soft and velvet.

MASSAGE WITH GRAPESEED AROMATIC OIL

An enveloping massage with grapeseed aromatic Oil and warm herbal bundles; it relaxes the body and soothes the mind.

A MOMENT OF RELAXATION WITH OVID'S REFRESHMENTS

To make this couples' ritual even more pleasurable, the relaxation stage is accompanied by a non-alcoholic cocktail flavoured with seasonal fruit and fragrances and homemade biscuits.

MON - THU

€ 590,00

per couple
(programme of
2 h, 30 min.)

FRI - SUN*

€ 610,00

per couple
(programme of
2 h, 30 min.)

The Private SPA Programme Ovid, Philemon and Baucis is also offered in a short version (Grotto of the Gods, Massage with grapeseed aromatic oil and a moment of relaxation with Ovid's refreshments).

MON - THU

€ 420,00

per couple
(programme of
1 h, 30 min.)

FRI - SUN*

€ 450,00

per couple
(programme of
1 h, 30 min.)

DAPHNE, APOLLO AND EROS

This programme is inspired by the legend of the beautiful Daphne, with whom Apollo, god of the sun, fell hopelessly in love after seeing her in the clear waters of a lake surrounded by white scented flowers.

LEFAY WELCOME RITUAL:

THE LAKE OF THE NYMPORES

Immersed in a romantic and sensual setting, this pool is surrounded by soft candlelight and filled with perfumed rose petals that gently brush the skin. The water, which is enriched with valuable essential oils with beneficial properties, eliminates stress and tiredness.

DIVINE SPLENDOUR FOR HIM AND FOR HER

Face treatment: a delicate scrub is combined with a toning and relaxing massage to restore radiance to the skin; the final face mask delivers incredible softness, improving hydration and leaving the skin as velvety as a rose petal.

DAPHNE'S MASSAGE

Dedicated to the gentleness of Daphne, this massage is carried out using perfumed oils, thus evoking bucolic scenes and flower-filled pastures. The gentle manual techniques, combined with the delicate use of bamboo canes on certain parts of the body, like waves rippling across the water, bring the body and mind to a state of absolute relaxation.

A MOMENT OF RELAXATION WITH DAPHNE, APOLLO AND EROS REFRESHMENTS

This romantic and relaxing programme is completed by a delicious non-alcoholic cocktail, the Ambrosia of Lefay Cupid and delicious nibbles prepared by our chef.

MON - THU

€ 590,00

per couple
(programme of
2 h, 30 min.)

FRI - SUN*

€ 610,00

per couple
(programme of
2 h, 30 min.)

The Private SPA Programme Daphne, Apollo and Eros is also offered in a short version (The Lake of the Nymphs, Daphne's Massage and A moment of relaxation with Daphne, Apollo and Eros refreshments).

MON - THU

€ 420,00

per couple
(programme of
1 h, 30 min.)

FRI - SUN*

€ 450,00

per couple
(programme of
1 h, 30 min.)

02.

RITUALS FOR COUPLES

CANDLE MASSAGE IN SPA SUITE

A sensual couple's ritual that indulges all the senses: the light emanating from the candle creates the atmosphere and acts as chromotherapy, while its perfume (aromatherapy) induces a feeling of relaxation. An unforgettable experience to share with a partner.

MON - THU**€ 250,00**per couple
(45 min.)**FRI - SUN*****€ 280,00**per couple
(45 min.)

THE SPICE ROUTE

A journey to the East for the couple in an enchanting atmosphere. A long ritual combining spices, resins and essences with oriental techniques for a body and mind enveloping experience: Turmeric, pepper, amber, oud, cinnamon and ginger for a hypnotic moment for two, immersed in inebriating fragrances. The manual techniques focus on all parts of the body, from the feet to the head, promoting a positive mood and harmony.

MON - THU**€ 430,00**per couple
(1 h, 45 min.)**FRI - SUN*****€ 475,00**per couple
(1 h, 45 min.)

HAMMAM RITUAL

This face and body purification ritual is the Lefay SPA re-interpretation of an ancient Middle Eastern tradition. It begins with a steam bath (calidarium) to prepare the skin for exfoliation using black soap and the Kassa glove. This is followed by a Rhassoul mud body pack and finally a relaxing massage with pure shea butter. Each stage of the body ritual will be accompanied by a face treatment that uses natural products based on black soap, argan oil, donkey's milk and rose essential oil for a final result of maximum relaxation and glowing skin.

MON - THU**€ 590,00**per couple
(2 h, 30 min.)**FRI - SUN*****€ 610,00**per couple
(2 h, 30 min.)**MON - THU****€ 440,00**per couple
Body only
Short version (2 h)**FRI - SUN*****€ 470,00**per couple
Body only
Short version (2 h)

SCENTS OF THE LAKE RITUAL

In this sensual journey for two, the senses are lost among the colours of the lake and the surrounding vegetation evoked within the inspiring Daphne Private SPA. The ritual begins with immersion in the lake of the nymphs, enriched with the precious essential oils of Lavender and Lemon, creating an atmosphere of romance. This is followed by a nurturing facial and body massage, in which the distinctive Lefay organic cosmetic oils and the scents of Extra Virgin Olive Oil, Citrus and Grapes from local vineyards are used in succession. A moment of poetry to share together.

MON - THU**€ 430,00**per couple
(1 h, 45 min.)**FRI - SUN*****€ 475,00**per couple
(1 h, 45 min.)