



## WORLD OF WATER AND FIRE

Where water and fire live side by side in harmony: the Infinity pool merges with the horizon, while the internal and external pool stretches into the park overlooking the lake together with the "Fonte Roccolino" whirlpool. The water area is completed by the enticing indoor thalassotherapy pool "La Luna nel Lago". The Lefay SPA also features six different types of sauna and five relaxation areas to remove the stresses of everyday life. The "Adults Only SPA" is a calm space with expansive views over the lake from the central whirlpool and from the panoramic Finnish sauna.





### LEFAY SPA METHOD

The Lefay SPA Scientific Committee has created an innovative wellness method that stems from the blending of Classical Chinese Medicine with Western scientific research. This union is the basis of the Lefay SPA Method Health Programmes, customised according to individual needs, to achieve a complete mental and physical wellness with various objectives: weight loss, stress relief, muscle rebalancing, treating insomnia, reducing the signs of ageing, purifying the body, longevity and strengthening the immune system.



### TREATMENTS

#### SIGNATURE

Lefay SPA treatments have been created combining traditional massage techniques to stimulate energy points and meridians, and are tailor-made for the individual's physical and mental state, for a deep and long-lasting result. The Signature offer includes: energy massages, energy aesthetic rituals for the face and body and special treatments using perfumes and essences from the local area.

#### NON INVASIVE AESTHETIC MEDICINE

The treatments are based on an approach to rejuvenation that guarantees effective, safe and harmonious results over time using non-invasive techniques and tools designed to improve skin blemishes. The Lefay SPA innovative energy aesthetic treatments, included in this section, are based on the use of acupuncture for aesthetic purposes.

#### MEDICAL

Lefay SPA offers specialist medical advice and therapies in the fields of Western medicine, natural medicine, osteopathy, massage and physiotherapy.

#### SPA À LA CARTE

A wide offering which includes Western massages, treatments and rituals of the different Eastern traditions such as Ayurveda, facials and body treatments of thalassotherapy, aesthetic services and hair SPA.

#### FOR COUPLES

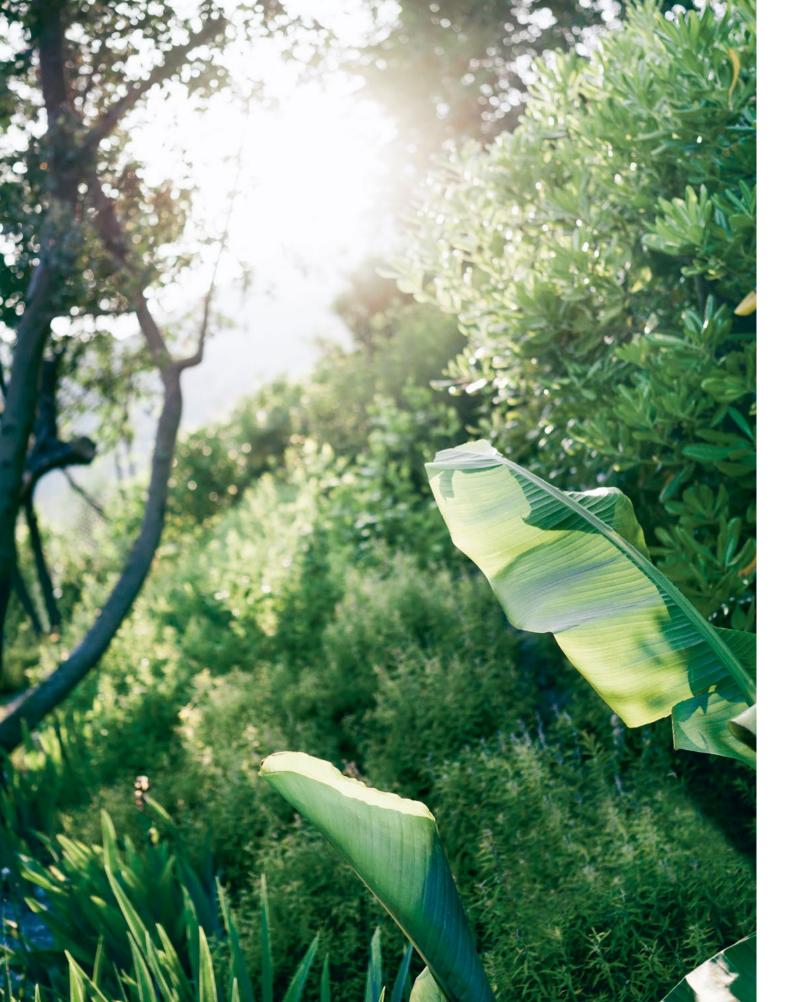
Rituals dedicated to couples in the exclusive Private SPA inspired by Greek mythology, to rediscover yourself in a sensual trip for two in the Lefay SPA World.



### FITNESS

The Fitness area is open 24h and features a wide gym with a lake view and lots of natural light. The gym is equipped with the latest Artis line by Technogym® and has two areas - one for exercising and one for weights. There are also two additional fitness studios within the "Adults Only SPA" for meditation and rebalancing activities.





### THE PARK

The activities which are integral to the Lefay SPA Method, are held amongst the age-old trees and Mediterranean shrubs. Directly overlooking the lake, the Resort's large park comprises a running circuit, a Sky Fitness path with eleven stations to improve muscle elasticity and the energy-therapeutic garden, consisting of five stations associated with ancient symbols and meanings.





## PRESTIGE & DELUXE JUNIOR SUITE

Bright and spacious (50 sqm), the suites overlook Lake Garda and provide Guests with a charming and relaxing ambiance. The Prestige Junior Suites are located on the ground floor and overlook the garden, while the Deluxe Junior Suites are located on the first floor and feature a private balcony.



## FAMILY SUITE

The Family Suite (73 sqm) is the best solution for those who want to enjoy a holiday with their children or for those who need two bathrooms and two separate bedrooms within the same suite.





## EXCLUSIVE SUITE

The Exclusive Suites (83 sqm) offer the freedom of a private living room, the pleasure of a Jacuzzi® overlooking the lake and a series of exclusive services.





# SKY SUITE

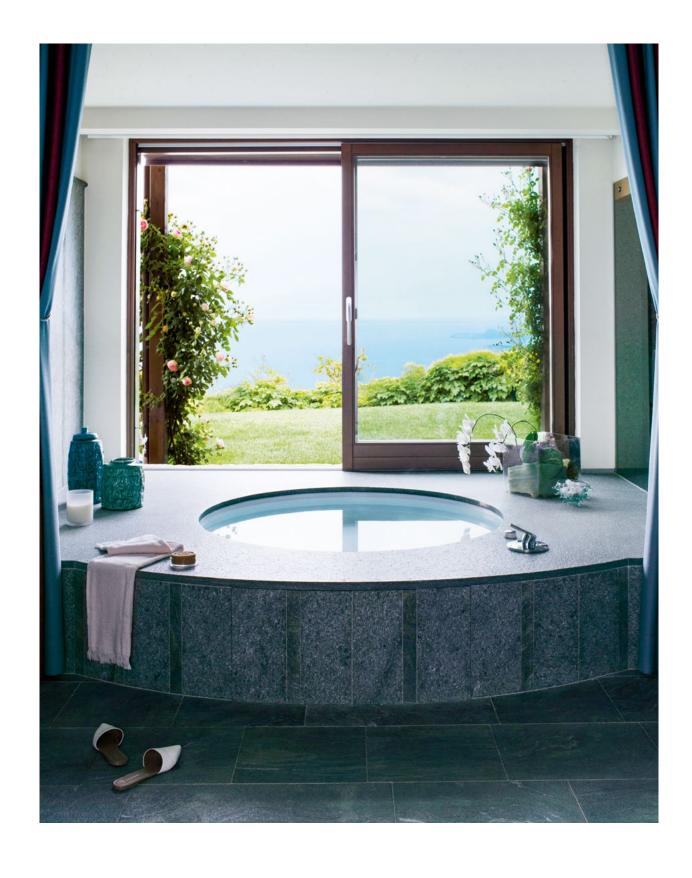
When you wake up in one of our Sky Suites, it is like you are suspended between the lake and the sky. The spacious 134 sqm Sky Suite has a panoramic terrace overlooking the lake featuring an outdoor Jacuzzi®. Inside the Suite, there is a large living room adjoining the bedroom and a private sauna.

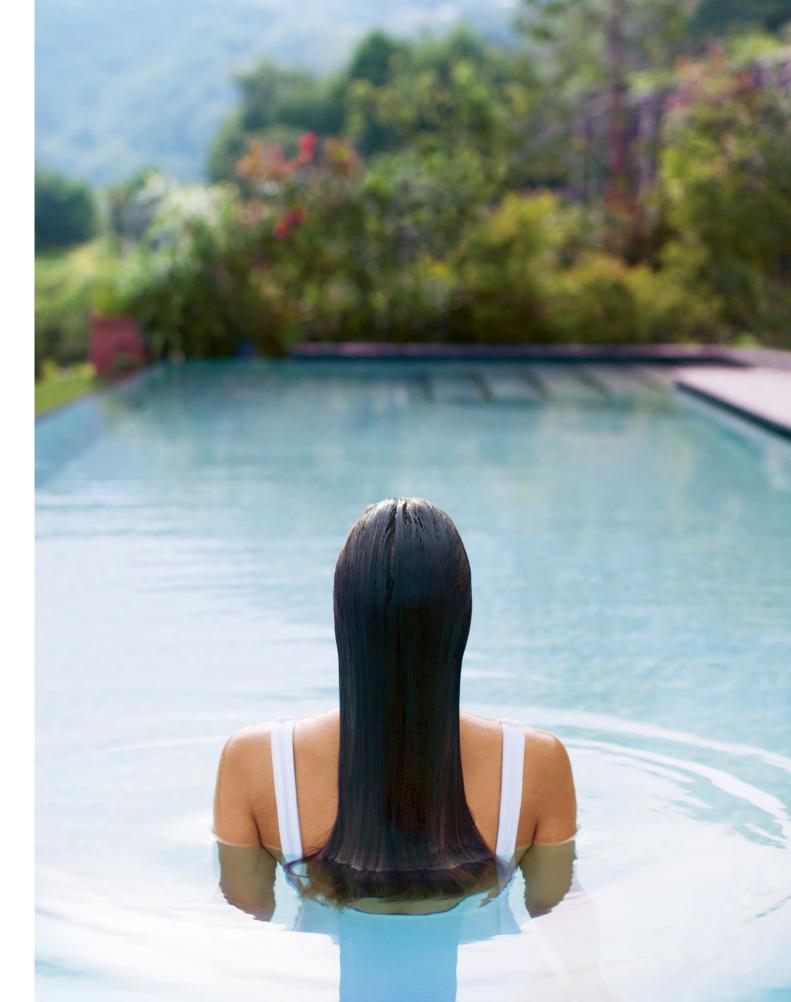




## ROYAL POOL & SPA SUITE

The highest expression of the new Lefay concept of luxury, where peace, nature, space and wellbeing blend together in the unique and spectacular scenery of the "Alto Garda" park. The Royal Pool & SPA Suite overlooks a private garden and a private Infinity pool with spectacular views of the lake, and in addition to the spacious interiors (up to 600 sqm), offers unique services such as a Private SPA area and a dedicated Concierge service.



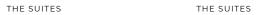




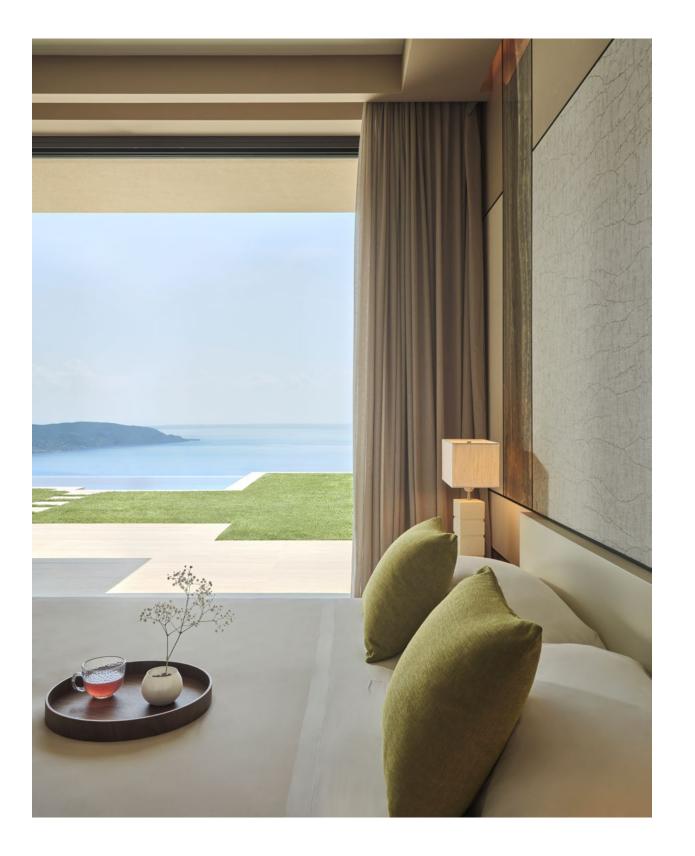
### SKY POOL VILLA

A unique holiday home of discreet, timeless luxury: available in three types, starting from 300 sqm, the Villas allow you to enjoy a stay in total privacy, far away from everything. They feature a private garden and a heated infinity-pool. The living area, consisting of an open space with kitchen, dining and living spaces, extends outside with a furnished veranda. This space extends outside to a furnished porch. All rooms have an en-suite bathroom and wardrobe. Each villa has its own private SPA with a treatment area and sauna.

Find out how to become an Owner:
lagodigarda.lefayresidences.com











### GRAMEN

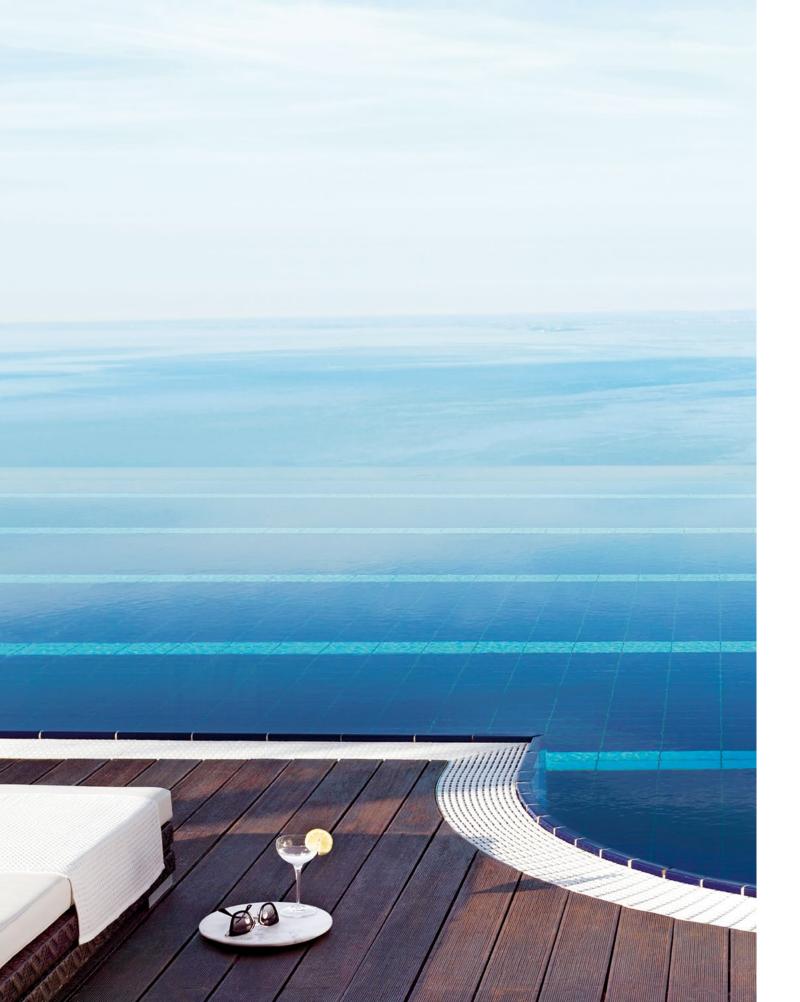
The Gramen Restaurant has a terrace with a view overlooking the lake. The restaurant's concept is based on the Mediterranean diet, sourced sustainably. The dishes highlight the natural properties of each ingredient and feature freshwater and sea fish, plants and herbs collected from our energy garden.





### LA LIMONAIA

The main Restaurant is light and airy in design, inspired by the traditional lemonhouses found around Lake Garda. Here, Mediterranean cuisine is served with a contemporary twist on Italian classics.



### LOUNGE BAR

Soft lighting, live piano music and the best cocktails and international spirits create a sophisticated and seductive ambiance, framed by the splendid sunset over the lake which is visible from the terrace.

#### CIGAR LOUNGE

An intimate setting that offers the best selection of cigars and spirits from all over the world to be enjoyed against the shades of amber wood and relaxing music background.

#### POOL BAR

Spend a pleasant day by the pool, in an oasis suspended between the lake and the sky, sipping your favourite drink or enjoying a snack.

#### ROOM SERVICE

Room service is available 24 hours a day and features a dedicated menu, which Guests can enjoy in the intimacy and comfort of their Suite.

